

FOSSE GROUP NEWS

The Fosse Group of churches invite you to a special service to celebrate

Sunday 29th September, 3pm

St Peter's Church, East Bridgford All welcome to give thanks

for those who support us on

GODPARENTS SUNI

our faith journey

News from the churches of St Augustine, St Helen, St Mary, St Peter & St Wilfrid

OCTOBER EDITION

Sunday 29th September-Eighteenth Sunday after Trinity

This Sunday in our churches...



St Peter's & East Bridgford Methodists together at **East Bridgford Methodist Church**

For our prayers...

- For peace in the Middle East, Ukraine and all other places of conflict.
- At this Harvest time for farmers and all who work on the land and at sea.
- For a fairer sharing of the earths resources.
- For all Godparents for encouragement in their role.
- For those who run our Youth Group, especially Sarah Hobbs, our Families and Young People's worker.
- For those experiencing ill health and those mourning the loss of a loved one.

Journey of Generosity: Deanery Roadshows

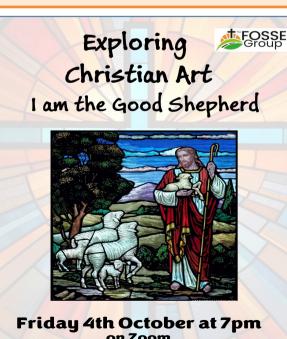
Diocese of Southwell & Nottingham East Bingham Deanery

Wednesday October 16th 7pm

St Thomas' Church, Aslockton, NG13 9AL

If you are a churchwarden, treasurer or PCC member please come along to our Deanery Roadshow focusing on encouraging generosity across our diocese.

This event will provide important information about Parish Share for the next 10 years, will share helpful insights into the Diocesan vision over this time, and the outline the shared responsibility to ensure that ministry continues to reach the 1.1 million people within our diocese. The event will provide access to resources that can support our parish's journey towards greater generosity.



on Zoom Please contact revruthcolby@gmail.com for joining details



October services and readings

			SUNDAY SI	ERVICES IN OC	TOBER			
Green	Sunday 6th October 19th Sunday after Trinity			Sunday 13th October 20th Sunday after Trinity		h October / after Trinity	Sunday 27th October Last Sunday after Trinity	
St Peter's 9.15 am East Bridgford Sung Communication		munion Pancake Educatio Sunday		s and Praise for	9.15am Sung Communion 6.00pm Evensong		9.15am Sung Communion	
St Mary's Car Colston						tival		
St Helen's Kneeton			5.00pm Harvest	5.00pm Harvest Festival				
St Wilfrid's Screveton	11.00am Harvest on the farm Ecofarm, Screveton			10.00am Morning Prayer (lay-led)				
St Augustine's Flintham							11.00am Sung Communion	
Service via Zoom	5.00pm Celtic Evening Prayer		g					
			OCTOBE	R READINGS				
Sunday 6th October Sung Communion EB		1st reading Hebrews 1:1-4; 2.5-12			2nd reading/Gospel Mark 10.2-16		Psalm	
Harvest on the farm Ecofarm Celtic Evening Prayer Zoom		Leviticus 26:4-5 Joshua 3.7-end					Psalms 125,126	
Sunday 13th October Pancakes & Praise EB Morning Prayer Sc Harvest Festival K		2 Timothy 1-2 (abridged) Isaiah 50.4–10 Leviticus 26:4-5		Luke 13.22	Luke 13.22–30		Psalms 129, 130	
Sunday 20th October Sung Communion EB		Hebrews 5.1-10		Mark 10.35	Mark 10.35-45			
Harvest Festival CC Evensong EB		TBC Job 38.1-7, 34-end		Mark 10.35	Mark 10.35-45		Psalms 141	
Sunday 27th October Sung Communion EB		Hebrews 7.23–end		Mark 10.46	Mark 10.46-end			
		Hebrews 7. morning	.23–end Mark 10.46 Communion at St Peter's			gford at 10	.00am	
Job 9:1-12, 14-16 Ga			Wednesday 1	dnesday 16th October atians 5.18-end e 11.42-46		Wednesday 30th October Ephesians 6.1-9 Luke 13.22-30		
Wednesday 9th October Morning prayer (lay-led) Psalm 111, 2 Kings 18:13-end Philippians 2:1-13		Wednesday 23rd October Ephesians 3.2-12 Luke 12.39-48						

What's on in October



JOIN US AS THE FOSSE GROUP CELEBRATES HARVEST SUNDAY 6th OCTOBER at 11am, HARVEST ON THE FARM, ECOFARM, SCREVETON SUNDAY 13th OCTOBER at 5pm , ST HELEN'S CHURCH, KNEETON SUNDAY 20th OCTOBER at 11am, ST MARY'S CHURCH, CAR COLSTON

Education Sunday

Pancakes & Praise service Sunday 13th October at 10am

> St Peter's church, East Bridgford (

Join us for pancakes and refreshments followed by relaxed all-age worship.

Thoughts from the Rectory

October 2024



September and October are the months we celebrate Harvest in our churches. It is a time to give thanks for those who work on the land and at sea and those who are part of the supply chain that bring food from the producer to our tables. It is a time to give thanks to God for all we have and the generosity of God's creation.

It is also a time to be mindful and thankful that we have sufficient to eat and have the free choice of what we eat and where it comes from.

As God's people, as Christians, we are called to live responsibly and lightly on the earth, to do all we can to encourage the flourishing of the whole earth, and to live with sustainability in our minds as we go about our daily lives.

While the Bible does not directly use the term "sustainability," many passages emphasise principles related to stewardship, care for creation – including livestock, and responsible living.

We are called to steward the earth and its resources in a way that honours God and sustains creation for future generations. Humanity's first responsibility in the Bible is to care for the earth, emphasizing the duty to nurture and protect creation.

The Bible reminds us that the earth belongs to God, not humanity. Our use of its resources should be with reverence and respect for the Creator. Many of the psalms celebrate God's provision for all creatures and the natural balance of ecosystems, illustrating the interdependence of life and the beauty of creation.

The wisdom of allowing the land to rest to promote sustainability by giving the earth time to regenerate reflects the need for balance in our use of natural resources.

And we are called to act justly and to love mercy and to walk humbly with our God. Sustainability is not just about the environment; it's also about social justice. Sustainable living often involves ensuring that the needs of all, particularly the poor and vulnerable, are met without depleting the earth's resources. Compassion for animals and creation is part of living righteously, which parallels modern views on ethical treatment of animals and responsible environmental practices.

The Bible encourages us to be content with what we have and warns against taking more than we need. Reducing waste and living simply are ways to honour God's provision.

Sustainable living ensures that resources and a healthy planet are available for those who come after us too.

So this Harvest time please take some time to reflect on your own choices when it comes to sustainable living, and how you might adopt the LOAF principles of:

Local

Organic

Animal friendly

and Fairtrade, particularly in this 30th anniversary year of the Fairtrade organisation.

Even small changes you can make will support the sustainability of the earth we call home and ensure that those who live in it, who we are called to love as our neighbours, also have enough to live.

Every blessing for October

Rev Ruth

Can you help?

Volunteers are needed to help tell the stories of Advent to the school children of St Peter's Academy when they visit St Peter's church for **Experience Advent!** This will be taking place on **Wednesday 27 November**.



If you are able to help, please contact Rev Ruth at revruthcolby@gmail.com or Sarah Hobbs at sarah.hobbs@fossegroup.org.uk



You are about to join a movement of mums, dads and carers who want to inspire a faith that lasts in their children!

Starts Wednesday 9th October, 7pm. Refreshments provided. Please email Sarah Hobbs, Families and Youth Worker, at sarah.hobbs@fossegroup.org.uk to book a space or with any questions.

WHO IS IT FOR?

Our sessions are suitable for all Christian parents whether they are parenting alone or as a couple, in a stepfamily, with birth children or with adopted and fostered children. It is primarily aimed at parents of children under eleven but parent's of older children are most welcome to attend.

THE AIM OF THE SESSIONS

As parents, we all want our children to grow up to be healthy and happy, but as Christian parents we have the added responsibility (and amazing opportunity!) of nurturing faith in our children.

The aim of these sessions is to equip you to feel confident in your role of nurturing faith in your children, and to provide practical ideas that will be applicable in all sorts of family scenarios.

@St Peter's Church East Bridgford

E COFFEE MORNING

Saturday 12th October 10am-12 noon St Peter's Church

East Bridgford

Come and enjoy coffee and cake and a chat with friends and neighbours in the comfort of our new so-

Christian Youth Group

Bridgford Methodist Church

Email: cyp@binghammethodist.org.uk 2nd Sunday of the Month Future dates: 8th Sept, 13th Oct, 10th Nov, 8th Dec.

5.30-7pm For ages 11-18

Food Fun Games riendship

Facebook: @BEBCYP

A joint project run by St. Peter's Church East Bridgford, led by Sarah Hobbs, Famil Methodist Church in and Youth Norker

Messy Church

Messy Church is for families with primary school aged children and below. Why not come along and try it our after school on Thursday 17th October? There'll be fun and games, food and friends, singing, arts and crafts-with a bible story theme.

Everyone is welcome.

Youth Group

If you are in school year 6 or older, why not join us on Sunday 13th October for fun, games, friendship and some food, at our Christian Youth Group at East Bridgford Methodist Church.

Everyone is welcome.

At East Bridgford Methodist Church Third Thursday of the month

3.45-5pm Crafty activities, story, songs and a light tea.

Next dates: 19th Sept 17th Oct 21st Nov No need to book, just turn up!

News from our parishes...

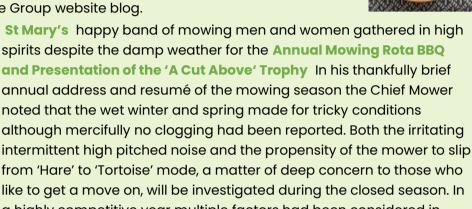
News from the Parish of Car Colston and Screveton

News from St Mary's

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NY & CAN COLSTON September has been packed full of activity at St Mary's.

First, we received the marvellous news that St Mary's had achieved the ARocha Eco Church Silver Award. It is particularly pleasing to attain the silver standard having been in the forefront of promoting eco church principles and initiatives over a number of years. Details of the work undertaken to merit this silver award can be found on the Fosse Group website blog.



a highly competitive year multiple factors had been considered in reaching a final decision about the award (although considered by whom remains something of a mystery). Well done to Tom as runner up for a fine mow and a particularly close cut from gate to door much appreciated by those attending the Pet Service that week. It was however an early season mow in unenviable conditions yet completed to the highest of standards that won the award. Many congratulations to this year's worthy winner Alan for his determined and accomplished mow at the start of May which really set the standard. Above all very many thanks to Alan, Tom and everyone in the SMCCMC who all make such a valuable contribution to the life of St Mary's. As we look forward to next season there have already been suggestions for a Lifetime Achievement Award and a Mowing Youth Group. Once again there will be all to mow for!

On Sunday 15th September we held our first Café Church at St Mary's. As part of Fairtrade Fortnight and to celebrate 30 years of Fairtrade we combined the Café Church with a Fairtrade Brunch using only LOAF products. We were delighted to welcome over sixty people to St Mary's from across the generations, including a number of children. This was a Fosse Group service and we were pleased that so many friends from St Peter's joined us for the morning. Tables and chairs were set out in the West End of the Nave with fresh coffee, tea, bacon, sausage, scrambled egg and fresh baps plus homemade banana pancakes served from the Tower Room. It is worthy of note that all the eggs were produced and generously donated by village hens. Various 'stations' around the church highlighted LOAF principles and Rev Ruth talked about Caring for Creation being central to our



CHURCH



Christian message. Many thanks to the EcoFarm Screveton who kindly joined us to help promote the importance of local, organic and animal friendly produce. So many people contributed to the success of the morning and considerable thanks are due to all. The quality and texture of the scrambled eggs was singled out for particular praise - well done and thank you to both hens and chef! It is fair to say that Café Church was an inspiring new initiative enabling the participation of younger generations and newcomers to church which is very encouraging for the future.

Next service at St Mary's is Harvest Festival 20th October 11am

Other dates for your diary-next Mustard Seed Meeting Tuesday 15th October at Widmerpool

News from our parishes...



News from St Peter's church

St Peter's Churchyard

One of the flowering cherry trees in the churchyard had died and there was another tree growing at the back of it.

It was decided that the dead tree should come down and we hoped the tree at the back could



be saved. We had wanted a stump of at least four feet left and that has also helped to support the other tree. C. Booth Tree Services did a great job, they did exactly as we asked.

With the help of others, we are gradually clearing the felled timber, some of which is being used in our churchyard re-wilding area.

Churchyard Activity Morning—14th September

Thank you to all those who helped with the recent Churchyard Activity Morning particularly friends from the EB Biodiversity Group and Notts Bat Group. It was great to see people enjoying the activities both in the church and the churchyard. Our next Churchyard Activity morning will be in May 2025. If you would like to be involved or could offer an activity please let Revd Ruth know.



St Peter's Churchyard Working Party

We had a successful working party on 21st September, when a great deal was achieved. Many thanks to all who came, it is much appreciated.

The next working party is on **Saturday, 12 October,** any time from 9.00, if you can only spare half an hour that would be a help, we usually finish by 11.30. There is still lots of pruning to be done and hedges to be cut back so if you have secateurs, shears, loppers or small saws they would be very useful.

Tea, coffee and biscuits at 10am.

Hope to see you there.

ECO CHURCH

You and Your Driving

Arocha the ECO Church organisation tells us that transport, of all kinds, accounts for a fifth of all global CO2 emissions, with passenger vehicles contributing to nearly half that figure.

Here are some tips from Arocha about your driving and your car to help reduce your emissions, I'm sure you will be aware of most of them but it is always good to have a reminder.

Your driving:

- Avoid sudden braking and unnecessary acceleration.
- Drive more slowly. A car driven at 60mph uses 15% less fuel than one driven at 70mph.
- Don't use the air conditioning. At speeds below 40mph having the windows open does not affect the car's aerodynamic efficiency.

Energy Saving Trust also say "....we appreciate that open windows are not always pleasant on very hot days or at higher speeds, so if you need to use air conditioning, try to use it sparingly".

Turn the engine off when idling if you expect to be idling for more than ten seconds.

The car:

- Remove wind resistance and weight; the top box left on when it's not needed and 'stuff' kept in the boot, both reduce efficiency.
- Keeping tyres inflated at the correct pressure and maintaining the car can save 10% of fuel costs.

The Energy Saving Trust's web site on advice for 'eco driving' is certainly worth looking at:-

https://energysavingtrust.org.uk/advice/efficient-driving/

Every little helps.





DIARY

correct at time of going to press For all church services see page 2

Monday 30th September **CONTACTS** St Peter's Bellringers, 7.30-9pm, St Peter's, East Bridgford Growing disciples meeting, (EB) 7.00pm, St Peter's, East Bridgford **Thursday 3rd October** Tel: 01636 924383 St Mary's Bellringers, 10.30am–12..00pm, St Mary's, Car Colston St Peter's Choir practice, 6.30pm, St Peter's, East Bridgford Growing disciples meeting, 7.15pm–8.45pm, St Mary's Car Colston Friday 4th October Exploring Christian Art, 7pm-8.30pm, via Zoom Saturday 5th October Quarter peal, 10am-11am, St Peter's, East Bridgford Monday 7th October St Peter's Bellringers, 7.30-9pm, St Peter's, East Bridgford Wednesday 9th October Raising Faith course, 7pm-8.30pm, St Peter's, East Bridgford -see page 2 for details **Thursday 10th October** St Mary's Bellringers, 10.30am–12.00pm, St Mary's, Car Colston Saturday 12th October Coffee Morning, 10am-12noon, St Peter's, East Bridgford Churchyard Working Party, 9.00am-11.30am, St Peter's, E Bridgford email: Sunday 13th October Youth Group, 5.30pm-7pm, East Bridgford Methodist church Monday 14th September St Peter's Bellringers, 7.30-9pm, St Peter's, East Bridgford **Tuesday 15th October** Mustard Seed Prayer Group, 2pm-3.30pm, Widmerpool Wednesday 16th October Raising Faith course, 7pm-8.30pm, St Peter's, East Bridgford Deanery roadshow, 7pm-9pm, St Thomas, Aslockton-see page 1 Thursday 17th October St Peter's Academy Reception class Welcome service, 9.30, St Peter's, East Bridgford St Mary's Bellringers, 10.30am–12.00pm, St Mary's, Car Colston Messy Church, 3.45pm-5pm, East Bridgford Methodist Church St Peter's Choir practice, 6.30pm, St Peter's, East Bridgford Saturday 19th October Car Colston and Screveton PCC meeting, 10.30am- 12.30pm, Boundary House, Car Colston Monday 21st October On Zoom Flintham Primary Harvest Festival 2pm St Augustine's, Flintham St Peter's Bellringers, 7.30-9pm, St Peter's, East Bridgford

The Vicaraae, Woods Lane, Flintham, NG23 5LR

email: revruthcolby@gmail.com

Please Note: Revd Ruth's day off is Tuesday **Rector:**

Revd Ruth Colby

Administrators: Sherry Rudman/Anna Chambers email: office@fossegroup.org.uk

Safeguarding

Any concerns about safeguarding should be directed to the Parish Safeguarding Officers **Peter Golightly**

Tel: 07768 401406

pgolightly@btinternet.com

Mandy Beeby Tel: 07850 085055 email: mandy@rbeeby.co.uk

Please note that Reverend Ruth will be attending the Diocesan Clergy Conference between Monday 7th October and Wednesday 9th October. Wednesday's service will be a lay-led Morning Prayer service

Celtic Evening Prayer Sunday 6th October 5pm

Contact Rev Ruth for joining details



Don't forget...

Clocks go back ONE hour on Sunday 27th October



St Peter's Bellringers, 7.30-9pm, St Peter's, East Bridgford

St Mary's Bellringers, 10.30am–12.00pm, St Mary's, Car Colston

Car Colston, Flintham & Screveton Mother's Union, 3pm-4.30pm,

St Peter's Academy Harvest Festival, 10am, St Peter's, East Bridgford

Thursday 24th October

Monday 28th October